

QUALITY STANDARD

Learning Design Principles

How AdriaMont Institute turns expertise into usable digital learning.

Designed for adult professionals and curious learners. Original AdriaMont Institute material, adapted from expert teaching, research, and professional practice.

A credibility document explaining how courses, resources, seminars, and templates should be designed.

PURPOSE	Make the learning philosophy visible and trustworthy
AUDIENCE	Visitors, learners, collaborators, contributors, institutional clients
SITE SECTION	About page, footer, resources, contributor page

Core principles

- Start from a real learning problem, not a content dump.
- Make concepts clear before adding technical detail.
- Connect theory, evidence, examples, practice, and reflection.
- Use adult learning design: relevance, autonomy, practical use, and respectful tone.
- Show limits: explain what evidence can and cannot support.
- Design digital materials that are easy to navigate, revisit, and apply.

What every course should include

- Clear audience and prerequisites.
- Module map and learning outcomes.
- Examples or cases from practice.
- Downloadable tools, templates, or reflection prompts.
- Assessment or self-check activities when useful.
- A final practical output or action plan.

Use this document to understand the quality standard behind Institute courses, resources, and seminars.